

# Spanish Day @ The Dragon Café

Celebrating all things Spanish & Latin American, Monday 1 July, 11.30 - 20.30



EL FLAUTISTA. 1,10 X 0,80.

## Arriba! Andale! Come on Down!

Come & enjoy a day of Spanish-speaking culture & celebrate mental well-being with us at The Dragon Café.

Hosted by TELEFONO DE LA ESPERANZA & MENTAL FIGHT CLUB

☺ Gazpacho Soup, Tortilla and Spanish Dragon Rice on the menu ☺

Food, Dance, Film, History, Art,  
Music, Tapas, Song, Poetry,  
Literature, Carnival!

And enjoy exploring the creative universe of The Dragon Café, where all are welcome to take part in free groups in writing, photography, film, dance, boxing, gardening, Tai Chi and mindfulness. Free massage available all day!

Any enquiries, email [sarah@mentalfightclub.com](mailto:sarah@mentalfightclub.com) or call 07557 365959

The Dragon Café is in the crypt of St George The Martyr Church, SE1 1JA opposite Borough tube (City Branch, Northern Line), Buses 21, 35, 40, 133, 343



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LA ESPERANZA

**Mental Fight Club**  
'Our Business is to Create'

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